



LMU

Department of Psychology

Psi Chi Newsletter

SEPTEMBER 2019

Fact of the Month

Did you know students who write notes on longhand remember more and have a deeper understanding of the material than those who take notes with a laptop? Although taking notes on a laptop may be faster, Dr. Mueller from Princeton and Dr. Oppenheimer from UCLA both found that taking notes on a laptop results in a shallower processing of the information, thus leading to a shallower understanding of the material when compared to taking notes by hand. What is especially interesting from their findings is that laptop note takers' have a tendency to transcribe lectures verbatim rather than processing information and reframing it in their own words—which is determinantal to the learning process. Not convinced yet? Read more about it [here](#).

Announcements & Events

LMU Psi Chi International Honor Society for Psychology Students is accepting applications until October 15, 2019. **APPLY NOW!**

Tues., Oct 15: Psi Chi | Applications Deadline

Thurs., Oct 16: Lawrence Weshler | Oliver Sacks Speaker Event ; 4:30-6pm, English Village, UH 3800

Wed., Oct 23: Psi Chi | Movie Night; 5pm, Location: TBA

Wed., Nov 6 : Mandatory Freshman Advising Session; 12-1:30pm, PSYC Village, UH 4700

Wed., Nov 6: Cookies & Careers; 12-1:30pm, PSYC Village, UH 4700

Thurs., Nov 14: Psi Chi | Grad School Panel ; 5-6pm, Location: TBA

Friday, Nov 22 : Senior Assessment; 8am-11pm, Brightspace

Wed., Dec 4 : PSYC Christmas Party 12-2pm, PSYC Village, UH 4700

Fri., Dec 6 : Psi Chi | Guided Meditation; 12-2pm, Location: TBA

Student Highlight



Nicole Hatzakis

Nicole is a senior psychology major from Seattle and a member psi chi (soon to be e-board member? With the ok from Dr. Fingerhut)* with a minor in peace and justice studies. She is also a member of Kappa Alpha Theta sorority and works at the psychology department within the university. She is graduating early this December and will be pursuing a career in clinical psychology. She plans to work with low-income communities and help those struggling with mental illness, substance abuse, and those who have been recently incarcerated or released from the criminal justice system. Down the road, she plans to go back to school and eventually obtain a PsyD so that she can become a licensed psychologist who works toward social justice.

Faculty Highlight

Dr. Diana Santacrose

Dr. Diana Santacrose is one of the two newest Assistant Professors of Psychology that the Psychology Department is ecstatic to welcome this fall! Dr. Santacrose received her Ph.D. in clinical psychology from the University of California, Santa Barbara and completed her clinical internship at UCLA. This semester, Dr. Santacrose teaches Research Methods and Community Psychology courses. Outside of the LMU classroom, however, Dr. Santacrose is engaged with research focused on addressing health disparities among vulnerable populations, such as the Latino/a community. Dr. Santacrose is a Clinical Psychology Fellow at UCLA's Semel Institute for Neuroscience and Human Behavior and has a special interest in conducting community-based participatory research aimed at developing interventions and treatments for traumatic stress in families and children.



For more information about the Psi Chi newsletter or Psi Chi events please email Psi Chi Officers Nicole at nmacasa@lion.lmu.edu or Jai at jtanaka2@lion.lmu.edu. For questions about the Department of Psychology email psychology@lmu.edu.

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