

Pilgrimage: Psychological and Spiritual Well-Being

This class is open to all students and is a BCLA Immersion class, fulfills the INT CORE requirement and serves as a PSYC upper division elective for majors.

This class uses Pilgrimage as a metaphor to explore human flourishing, wholeness, and wholehearted living through the lenses of psychological science, Ignatian spirituality, and literature.

The class culminates in a trip to Spain, where students will walk the iconic Camino de Santiago Pilgrimage (roughly 80-90 miles), using flourishing practices learned in the course. The trip will take place from May 17 to 28 and is a required part of the course.

Students will need to contact Professor LaBrie prior to enrolling in this class.



PSYC 3998

COURSE DETAILS

Course Name: Pilgrimage:
Psychological and Spiritual Well-Being

Travel Location: Camino de Santiago
Pilgrimage in Spain

Travel Dates: May 17-28, 2027

Class Time: Tuesdays 6:00-9:20 pm

Professor: Joe LaBrie

Lab Fee: \$2,625

Financial assistance available for all
BCLA Students

Questions? Email
Joseph.LaBrie@lmu.edu or
bclaadvising@lmu.edu



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