

African and Black Psychology

This course challenges students to critically examine their perceptions of Africa, African culture, and the relevance of Western psychology. It introduces indigenous African knowledge in philosophy, psychology, medicine, spirituality, and history. Students will analyze portrayals and erasures of Black people globally, using an African-centered perspective to challenge dominant narratives of Black inferiority. The course focuses on three themes: 1) a holistic African worldview and psychology; 2) the history and effects of the Trans-Atlantic slave trade; and 3) the significance of indigenous African (Akan) culture and African diasporic cultural connections, particularly between Ghana and the Diaspora. The trip to Ghana will immerse students in African philosophy, psychology, medicine, spirituality, and history. In Accra, we'll visit cultural sites and meet scholars. In Kumasi, we'll learn traditional healing from Nana Abas. Finally, we'll visit sites where enslaved Africans were held. This pilgrimage offers a profound connection to Africa's historical and cultural heritage.



PSYC /AFAM/ HEAS
3019 3348 3998

COURSE DETAILS

Course Name: African and Black Psychology

Travel Location: Accra, Kumasi and Cape Coast Ghana

Travel Dates: 17 May-27 May, 2027

Class Time: MW 1:45-3:25 pm, UNH 4802

Core Designations: experiential learning for mission

Professor: Deanna Cooke

Lab Fee: \$3965

Financial assistance available for all BCLA Students

Questions? Email
Deanna.Cooke@lmu.edu or
bclaadvising@lmu.edu



For more info, visit
bellarmine.lmu.edu/global



LMU
Bellarmine College
of Liberal Arts