



Loyola Marymount University
Graduate
Yoga Studies

M.A. Roadmap

Residential
(2-year program)

Low Residency
(3-year program)

1. Select a Program.

Decide if you're going to be attending full-time on campus or part-time virtually.



2. Select a Concentration.

Choose from a traditional Yoga Studies (YS) path or Yoga Therapy (YT) concentration.*



3. Graduate!

Walk with fellow LMU Master of Arts students in a formal graduation ceremony.



4. Receive a Post Graduate Certificate.

**Optional:* The Post Graduate Yoga Therapy (PGYT) certificate may also be completed any time after graduating.

